

Energy Fitness Membership Policy



- ✓ Your EF membership is like a gym membership - it is an ongoing subscription, billed weekly.
- ✓ You may pause your membership for a maximum of 8 weeks per calendar year. Any more than that will incur an increase in your fees of 20% for the remainder of the calendar year.
- ✓ Membership pauses are for extended travel and injury or illness, not for school holidays or long weekends etc.
- ✓ You can pause your membership for a minimum of 3 weeks per absence i.e. not over two week school holidays.
- ✓ If you choose to hold for 3 weeks but only require two weeks off training you may return and be charged a casual rate of \$19.90 per class that you attend (current members only).
- ✓ The reason for this policy is to encourage consistency - casual attendance does not work. It's proven to reduce the effectiveness of your training and results.

Why?

- ✓ We need to plan our schedule and instructors in advance based on our active membership numbers.
- ✓ We offer a very valuable product and great experienced staff to look after you.
- ✓ Our fees are very reasonable and competitive with you receiving unlimited classes including yoga - you can pay up to \$35 per class for a Yoga or Pilates class in the Shire. Therefore, in order to keep these fees low, this policy must be in place.

FOR QUESTIONS, PLEASE EMAIL SIMONE@ENERGYFITNESSGYMEA.COM.AU